



Registration opens
August 10th!

FALL SPLASH!

9/5-10/27 at the North Pool Monday-Thursday

8&U and Pre-team 4-4:45 PM

9-10 and 11-12* 4:45-5:45 PM

11-12* and 13+ 5:45-7 PM

**11-12's may choose either practice time*

Register at www.RockCreekFlyers.com

Cost for 2017:

2 practices/week \$150

3 practices/week \$200

4 practices/week \$250

Masters Swim Practices

T/Th/F 5:45-6:45 AM

T/Th 12-1 PM

Punch cards available