

13-18 Warmup Schedule

TH 7/23	Main Competition Pool					
	First Warmup (8:10 - 8:42)		Second Warmup (8:44 - 9:16)		Third Warmup (9:18 - 9:50)	
	8:10 - 8:26	8:26 - 8:42	8:44 - 9:00	9:00 - 9:16	9:18 - 9:34	9:34 - 9:50
Lane 1	Louisville	Meadows	Elks	Mesa	Rock Creek	Lafayette
Lane 2	Louisville	Meadows	Elks	Mesa	Rock Creek	Lafayette
Lane 3	Louisville	Meadows	Elks	Mesa	Rock Creek	Lafayette
Lane 4	Louisville	Meadows	Elks	Mesa	Rock Creek	Lafayette
Lane 5	Louisville	Meadows	Elks	Meadowglen	Rock Creek	Lafayette
Lane 6	Louisville	Fox Hill	Elks	Meadowglen	Rock Creek	Lafayette
Lane 7	Louisville	Fox Hill	Elks	Meadowglen	Rock Creek	Broomfield
Lane 8	Louisville	Fox Hill	Wave Racers	Meadowglen	Rock Creek	Broomfield
Lane 9	Louisville	Fox Hill	Wave Racers	Meadowglen	Rock Creek	Broomfield
Lane 10	BCC	Fox Hill	Wave Racers	Meadowglen	Rock Creek	Broomfield

TH 7/23	Shallow Pool (South End)					
	First Warmup (8:10 - 8:42)		Second Warmup (8:44 - 9:16)		Third Warmup (9:18 - 9:50)	
	8:10 - 8:26	8:26 - 8:42	8:44 - 9:00	9:00 - 9:16	9:18 - 9:34	9:34 - 9:50
Lane 1	Meadows	Louisville	Meadowglen	Wave Racers	Lafayette	Rock Creek
Lane 2	Meadows	Louisville	Meadowglen	Wave Racers	Lafayette	Rock Creek
Lane 3	Meadows	Louisville	Meadowglen	Wave Racers	Lafayette	Rock Creek
Lane 4	Meadows	Louisville	Meadowglen	Wave Racers	Lafayette	Rock Creek
Lane 5	Meadows	Louisville	Meadowglen	Elks	Lafayette	Rock Creek
Lane 6	Meadows	Louisville	Meadowglen	Elks	Lafayette	Rock Creek

TH 7/23	Diving Well (North End)					
	First Warmup (8:10 - 8:42)		Second Warmup (8:44 - 9:16)		Third Warmup (9:18 - 9:50)	
	8:10 - 8:26	8:26 - 8:42	8:44 - 9:00	9:00 - 9:16	9:18 - 9:34	9:34 - 9:50
Lane 1	Fox Hill	Louisville	Mesa	Elks	Broomfield	Rock Creek
Lane 2	Fox Hill	Louisville	Mesa	Elks	Broomfield	Rock Creek
Lane 3	Fox Hill	Louisville	Mesa	Elks	Broomfield	Rock Creek
Lane 4	Fox Hill	BCC	Mesa	Elks	Broomfield	Rock Creek
Lane 5	Fox Hill	BCC	Mesa	Elks	Broomfield	Rock Creek